

**CSPA Practicum**

**Number of Positions Available: 1**

**Office/Department:** Health Education (University Health Center-The Well)

**Director:** Lee Ward **Supervisor:** Lesley Eicher

**UHC Mission Statement:**

The University Health Center (UHC) provides care and education that helps students be well, stay well and do well.

**Functional areas included in this office/department:**

UHC-The Well includes (but is not limited to) the following programs and organizations:

- Peer Education (REACH, CARE, and GAMMA)
- Student Health Advisory Committee (SHAC)
- *Potty Mouth* academic class
- LGBT and Ally Education Program
- Sexual Violence Advocacy and Prevention Programming
- Eating Disorder and Body Image Programming
- Sexual Health Programming
- Alcohol and Other Drug Prevention, Intervention, and Recovery

**1. Students who participate in this experience will gain understanding of student affairs as a profession and the influence student affairs has on contemporary higher education through the following tasks and activities:**

- Assist with health education program development, delivery, assessment, and tracking
- Attend health education programs, discussions, and campus outreach activities as needed
- Conduct ongoing research on contemporary health issues pertinent to college students
- Assist with preparations and implementation of HTH 407 academic class as time allows
- Provide support to Health Education Coordinator in Safer Sex Center operations

**2. Students who participate in this experience will be exposed to the purposeful application of the following student development, career development, educational, counseling, and/or organizational theories:**

- Transtheoretical Model of Behavior Change (Prochaska)
- Health Belief Model
- Psychosocial Developmental Theories (Chickering, Erikson)
- Cognitive Developmental Theories (Perry, Kohlberg, Belenky, Gilligan)
- Experiential Learning Cycle
- Multicultural Education Theory

**3. Students who are assigned to this site will have an opportunity to develop one or more of the following competencies:**

- *Knowledge Demonstration:* When possible, the practicum student will be provided the opportunity to demonstrate understanding of (1) health education topic areas, and (2) health education, health behavior, and student development theories.

- *Programming and Presentation Skills.* When possible, the practicum student will be provided the opportunity to assist with planning, implementation, and evaluation of programs at the individual, small group, and campus-wide level; use environmental strategies; and collaborate with other on and off-campus groups.
- *Administration.* When possible, the practicum student will be provided the opportunity to play a role in the recruitment, supervision, and training of undergraduate student employees and/or student groups; participate in search committees and interviews; plan and lead meetings; demonstrate effective verbal and written communication skills.
- *Assessment and Planning.* When possible, the practicum student will be provided the opportunity to assist in planning, implementation, analysis, presentation, and/or use of assessment results for program enhancement (when needed); participation in strategic planning and/or development of departmental or program goals and objectives;
- *Professional Development.* When possible, the practicum student will be provided the opportunity to participate in campus, conference, and/or online professional development sessions; present at campus or regional meetings and conferences; be involved in campus-wide committees; be able to add to a professional resume and cover letter; maintain active membership in professional college health and/or student affairs associations and organizations.

**4. Students assigned to this site will be able to participate in the following assessment and/or evaluation projects:**

- Assist in the assessment planning, implementation and reporting of selected programs and/or activities
- Assist in the compilation of the end of the year program report

**5. Students who participate in this experience will be evaluated and provided with ongoing feedback in the following ways:**

- Weekly one-on-one consultation with practicum supervisor
- Written performance evaluation at the end of the semester

**6. Specific expectations of students assigned to this site include:**

- Complete online HIPAA and OSHA training and sign UHC confidentiality agreement
- Support the mission of the program, University Health Center, and JMU
- Create and maintain a schedule designed to meet practicum requirements
- Perform designated tasks in a timely, organized, and professional manner
- Communicate consistently and openly with supervisor
- Maintain a positive attitude about practicum responsibilities
- Participate in office, department, and divisional meetings and professional development as schedule allows
- Request assistance and support when approaching new or challenging situations

**Contact Person**

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