CSPA Assistantship  

Office/Department: University Health Center’s Student Wellness and Outreach – Health Education  
Director: Cannie Campbell, Director - University Health Center  
(Beau Dooley, Associate Director - Student Wellness & Outreach)  

Mission Statement: Student Wellness and Outreach enhances the JMU student experience by providing accurate, comprehensive, developmentally appropriate health education programming to students and expertise/support to staff and faculty in all divisions.  

Functional areas included in this office/department:  
The University Health Center’s Student Wellness & Outreach:  
- Program planning, implementation and evaluation on various health topics including general wellness, positive body image, sexual health and safer sex practices, stress management, sexual assault education and prevention, dating violence education and prevention.  
- Sexual Assault advocacy and referrals  
- Student groups including:  
  - CARE - Sexual Assault and Intimate Partner Violence  
  - REACH – Health Education provided by college students for college students.  
  - The Men’s Program  
  - GAMMA – Greeks Advocating for the Mature Management of Alcohol  
  - The LGBT (Lesbian, Gay, Bisexual, and Transgender) & Ally Education Program  

1. Students who participate in this experience will gain an understanding of student affairs as a profession and the influence student affairs has on contemporary higher education through the following tasks and activities:  
   - Advising the REACH peer health educators  
   - Student group training and development: planning and implementation  
   - Teambuilding: planning and implementing ongoing opportunities for group cohesion  
   - Supervision of student coordinator for REACH  
   - Co-instruction of the academic class Health 407: “Health Education Facilitation and Synthesis” to train student group members  
   - Collaborating with various Student Affairs departments for campus-wide programming  
   - Creating goals, learning objectives, and evaluation/assessment methods  
   - Participation in departmental committees and projects  
   - Writing and presenting performance evaluations  
   - Attendance at office, departmental and divisional meetings  

2. Students who participate in this experience will be exposed to the purposeful application of the following student development, career development, counseling and/or organizational theories:  
   - Psychosocial Developmental Theories: (Chickering, Erikson)  
   - Cognitive Developmental Theories: (Perry, Kolhberg, Belenky, Gilligan)  
   - Change Theories: (Transtheoretical Model, Health Belief Model, Social Norms Theory)  

3. Students assigned to this site will be able to participate in the following assessment and/or evaluation projects:  
   - Program and event evaluation  
   - Writing program goals and objectives
• Evaluate classroom learning in Health 407
• Research projects as needed

4. **Students who participate in this experience will be evaluated and provided on-going feedback in the following ways:**
   • Individual weekly meetings with supervisor
   • Formal evaluations with supervisor each semester
   • Periodic assessment of learning outcomes from learning contract
   • Provide student peer educators with feedback for growth
   • Provide students in Health 407 regular feedback for their assignments and facilitation skills
   • Regular staff meetings and professional development opportunities

5. **Specific expectations of students assigned to this site include:**
   • Arrive in mid-August for health center training and Orientation program implementation
   • Assist with First-Year Orientation programming focusing on bystander intervention
   • Create and maintain a schedule designed to meet assistantship requirements
   • Support the mission of the University Health Center’s Student Wellness & Outreach
   • Perform designated tasks in a timely, organized and professional manner
   • Serve as the graduate advisor for Reality Educators Advocating Campus Health (REACH). Responsibilities include, but are not limited to:
     o Ongoing evaluation of REACH Programming
     o Supervision and support of REACH student coordinator through weekly meetings and semester evaluations
     o Attending REACH meetings, presentations and programming
     o Planning, implementing, and evaluating REACH retreats
     o Assist with REACH recruitment and training
     o Along with SWO Health Educators, co-teach HTH 407, “Health Education Facilitation and Synthesis”
     o Provide constructive feedback to REACH peers and seek feedback from them
     o Provide motivation and encouragement for REACH peers
   • Attend Student Wellness & Outreach sponsored events as needed
   • Communicate consistently with supervisor
   • Maintain a positive attitude about job responsibilities
   • Work to be an effective team member
   • Gain an understanding policies and procedures
   • Attend conferences, workshops, and professional development meetings as deemed appropriate

**Contact Person**
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