

CSPA Practicum

Number of Positions Available: 1

Office/Department: University Recreation Center (UREC)– Health Promotion

Director: Eric Nickel

Supervisor: Veronica Jones

Mission Statement: To promote and advance healthy lifestyles through educational programs, participation opportunities, and supportive services. Our qualified staff is committed to excellence and responsive to the developmental needs of our participants.

Functional areas included in this office/department:

- Sexual and Relationship Health
- Substance Misuse Prevention

1. Students who participate in this experience will gain understanding of college health promotion within the division of student affairs and the influence that health promotion has on student success and well-being:

- Attend and participate in meetings regarding the functions and implementation of UREC and Health Promotion services and programs.
- Receive training to help implement services and programs related to:
 - Substance Misuse Prevention (21st Birthday Program, selected substance misuse programs)
 - Sexual and Relationship Health (Safer Sex Center operations and selected sexual health programs)
 - Sexual Violence Prevention (Green Dot – comprehensive violence prevention strategy, and other primary prevention programs/initiatives)

2. Students who participate in this experience will be exposed to the purposeful application of the following student development and health promotion theories and practices:

- Socio-ecological model
- Motivational interviewing
- Health Belief Model
- Transtheoretical Model of Behavior Change
- Cognitive Developmental Theories
- Harm Reduction
- Diffusion of Innovation Theory

3. Students assigned to this site will be able to participate in the following assessment and/or evaluation projects:

- Assist in the ongoing collection of program data, review of data, and recommendations for programmatic changes related to assessment findings.

4. Students who participate in this experience will be evaluated and provided on-going feedback in the

following ways:

- Regularly scheduled meetings with the practicum supervisor.
- Regularly scheduled meetings with health promotion staff that oversee functional areas.
- Formal written evaluation at the conclusion of the practicum.

5. Specific expectations of students assigned to this site include:

- Supports the mission of UREC and JMU.
- Creates and maintains a schedule designed to meet practicum requirements.
- Performs designated tasks in a timely, organized, and professional manner.
- Maintain confidentiality in regards to students seeking services.
- Communicates consistently with supervisor, including regular meetings with supervisor.
- Maintains a positive attitude about practicum responsibilities.
- Participates in office, department, divisional meetings, and professional development as necessary.
- Requests assistance and support when approaching new or challenging situations
- Support, facilitate, and attend programming sponsored by UREC.

Contact Person

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